

AIKATAULU ESPORT CROSS TRAINING

26.8.-31.12.2019

CT Sali



maanantai			tiistai			keskiviikko			torstai			perjantai			lauantai			sunnuntai		
7:00	Xtraining 60	GS	7:00	Xtraining 60	KV	7:00	Xtraining 60	RP	7:00	Xtraining 60	GS	7:00	Xtraining 60	RP/EN						
															9:30	Xtraining 90	PK/GS/VV/SP			
						17:00	Xtraining 60	KK	17:00	Xtraining 60	KV	17:00	Xtraining 60	KV						
18:00	Xtraining 60	PK	18:00	Xtraining 60	PK				18:00	Xtraining 60	KV									
19:00	Xtraining 60	PK	19:00	Xtraining 60	PK	19:00	Xtraining 60	PK/TH												

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|------------------|----|
| Kai Villanen | KV |
| Pekka Kurvinen | PK |
| Kimmo Kourunen | KK |
| Gustav Svanbäck | GS |
| Riina Pitkänen | RP |
| Sonja Pekkola | SP |
| Tim Husa | TH |
| Ville Vähäkoitti | VV |
| Essi Nurminen | EN |