

**AIKATAULU ESPORT CROSS TRAINING**

26.8.-31.12.2019

CT Sali



maanantai			tiistai			keskiviikko			torstai			perjantai			lauantai			sunnuntai		
7:00	Xtraining 60	GS	7:00	Xtraining 60	KV	7:00	Xtraining 60	RP	7:00	Xtraining 60	GS	7:00	Xtraining 60							
															9:30	Xtraining 90	PK/GS/VV/SP			
						17:00	Xtraining 60	KK	17:00	Xtraining 60	KV	17:00	Xtraining 60	KV						
18:00	Xtraining 60	PK	18:00	Xtraining 60	PK				18:00	Xtraining 60	KV									
19:00	Xtraining 60	PK	19:00	Xtraining 60	PK	19:00	Xtraining 60	PK/TH												

Kai Villanen	KV
Pekka Kurvinen	PK
Kimmo Kourunen	KK
Gustav Svanbäck	GS
Riina Pitkänen	RP
Sonja Pekkola	SP
Tim Husa	TH
Ville Vähäkoitti	VV