

CrossTraining aikataulu Kesä 2019

24.6.-25.8.2019



maanantai		tiistai		keskiviikko		torstai		perjantai		lauantai		sunnuntai	
		7:00	Xtraining	7:00	Xtraining			7:00	Xtraining				
										10:00	Xtraining 90		
												18:00	Xtraining 90
								16:30	Xtraining				
18:00	Xtraining	17:30	Xtraining	17:00	Xtraining	17:00	Xtraining						
19:00	Xtraining					18:00	Xtraining						