

AIKATAULU ESPORT CROSS TRAINING

7.1.-20.6.2019

CT Sali



maanantai			tiistai			keskiviikko			torstai			perjantai			lauantai			sunnuntai		
7:00	Xtraining 60	KV	7:00	Xtraining 60	KV	7:00	Xtraining 60	AU	7:00	Xtraining 60	GS	7:00	Xtraining 60	GS						
															9:30	Xtraining 90	GS/PK/VV			
						17:00	Xtraining 60	VV	17:00	Xtraining 60	KV	17:00	Xtraining 60	KV						
18:00	Xtraining 60	PK	18:00	Xtraining 60	KK				18:00	Xtraining 60	KV									
19:00	Xtraining 60	PK	19:00	Xtraining 60	KK															

- AU Antti Uimaniemi
- GS Gustav Svanbäck
- HK Harri Kokko
- KK Kimmo Kourunen
- KV Kai Villanen
- SP Sonja Pekkola
- PK Pekka Kurvinen